

## ABSTRACT

Disclosed is a method for the purpose of performing a medical examination using aspartate aminotransferase or alanine aminotransferase accurately and stably by stabilizing aspartate aminotransferase or alanine aminotransferase in a medium, and valine or proline, as a stabilizer for stabilizing aspartate aminotransferase or alanine aminotransferase, is incorporated in the medium such as serum and buffer.